



Transferable skills for successful carrier of a medical doctor



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Content and the goals of the practical course MedEuk:



№	Topics of the seminars/practicals	Number of hrs	What for
1	Transferable skills for successful carrier of a medical doctor	2	What a medical doctor needs for a successful carrier
2	Curriculum Vitae - CV 1	2	General requirements, types, design rules, web resources, etc.
3	Curriculum Vitae - CV 2	2	Create your own CV
4	Curriculum Vitae - CV 3	2	Show and revise your own CV
5	Communication skills	2	For the purpose of employment
6	Preparation of a motivation letter	2	For the purpose of employment
7	Preparation of a letter of recommendation and a cover letter	2	To find a good job
8	Team work and time management	2	To build a successful career
9	Basics of successful job interview	2	To be selected for a good job in a competitive job market
10	Basics of grant writing and project management	2	In order to obtain independent funding



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What are Transferable Skills?

- Transferable skills are the skills you acquire during any activity in your life, that can be applied at a later stage in new situations i.e they can be transferred.
- You can acquire these skills through all sorts of activities e.g employment, projects, voluntary work, hobbies, sports.

● and through special training courses



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What are the main transferable / soft skills?



- ▶ *communication.*
- ▶ *team working.*
- ▶ *management and leadership.*
- ▶ *planning and organisation.*
- ▶ *empathy.*
- ▶ *time management.*
- ▶ *taking initiative.*
- ▶ *adaptability and flexibility.*



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Hard Skills

Teachable abilities or skill sets that are easy to quantify.

vs.

Soft Skills

Also known as "people skills" or "interpersonal skills."

你好吗?

Proficiency in a foreign language



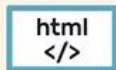
A degree or certificate



Typing speed



Machine operation



Computer programming



Communication



Flexibility




Leadership



Teamwork



Time Management

 the balance



 Erasmus+

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**Lack of transferable skills
is**

**like if a company produces a good car
but fails to show to the customers
how nice it is**



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Most important transferable Skills of medical doctors



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WRITING COMMUNICATIONS INFORMATION OBTAINED FROM PATIENTS

- Written communication - completing assignments, taking patient histories and completing medical reports.
- Written and digital documentation a must keep you informed and makes safe from legal litigations in future
- Learn using computer whenever required



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CERTAIN TO BECOME A GOOD DOCTOR IF YOU CAN EFFECTIVELY COMMUNICATE



- Oral communication - developing listening as well as talking skills through discussing patient treatment with other medical staff, explaining diagnosis and prognosis to patients and relatives in language that they can understand, and developing an empathic approach;



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MEDICINE IS A TEAM WORK – DO NOT GET ISOLATED



- Team working - working with others to complete a task, to understand your role and the roles of others within a multidisciplinary health care team;



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JUNIORS WILL RESPECT YOUR LEADERSHIP



- leadership - providing guidance to others and gaining responsibility;



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COMPUTER LITERACY – INFORMATION HANDLING



- Computer literacy and information handling - through projects and assignments;
- Computers and networking part of our lives make the use of the best resources.
- Limit your online work, Do not get addicted to Internet, you deviate from your objectives



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TIME MANAGEMENT AND THE ABILITY TO PRIORITISE YOUR WORKLOAD;



- Time management is gaining importance for Medical students.
- Many subjects, few hours to optimise for learning
- Prioritise you work and work load
- Be a champion to organize your time you are winner one day



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THE ABILITY TO WORK UNDER PRESSURE;

- There are undoubtedly many difficult, unchangeable aspects of medical training, but more emphasis on what students like-for example, talking to patients-might mediate these difficulties.
- Studentship is a perfect the communication skills, never skip away from clinical training
- Talk at least to few patients in a day
- **The real learning in Medicine is in patient**



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THE ABILITY TO DEAL WITH UNCERTAINTY AND TO WORK WITHIN A CHANGING ENVIRONMENT;



- We live in a uncertain world, nothing is predictable next moment ;
- Practice to learn what is different,
- You cannot choose your teachers
- Adjust with best available teachers
- **Take advantage from competent teachers**



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MOST IMPORTANT – BALANCE YOUR LIFE

- Personal development planning - self-appraisal, presentation skills and managing your work-life balance.
- Everyone's life is unpredictable
- Accepting change is the best art
- Adjust to the change today tomorrow may be too late





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IMPROVE YOUR PRESENCE

- Consider the skills developed on your course as well as through your other activities, such as skilled work, volunteering, family responsibilities, sport, membership of societies, leadership roles, etc. Think about how these can be used as evidence of your skills and personal attributes. Then you can start to practice who you really are, identify what you may be lacking and consider how to improve your profile.



**Your
own
CV!**



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WISH TO BE UPDATED AND KNOWLEDGED

- The work is well within the capacity of all who make the entrance requirements, but extra reading and revision needs to be done in the evenings and at weekends, to keep up with the course. If students are living at home, they will need quiet periods each evening and at weekends, free from distraction

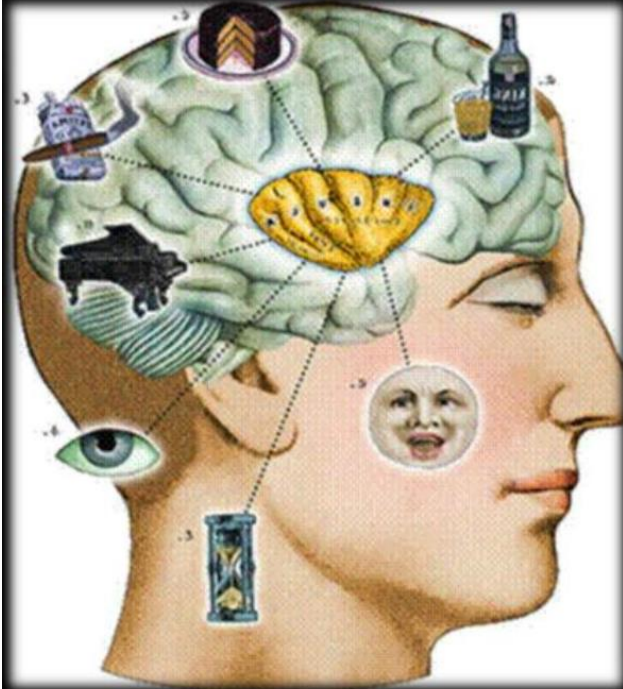


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LEARNING TO STUDY WITH NEW RESEARCH IDEAS



- In recent years, cognitive scientists have shown that a few simple techniques can reliably improve what matters most: how much a student learns from studying.
- Instead of sticking to one study location, simply alternating the room where a person studies improves retention. So does studying distinct but related skills or concepts in one sitting, rather than focusing intensely on a single thing.



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HELPING STUDENTS TO FIGHT THE STRESS



- Basically, the findings seem to indicate that in some cases there needs to be institutional interventions or changes depending on the type of stressors most affecting students. It's up to Medical colleges to provide students with coping methods, or put in place strategic plans for combating stress



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Reducing stress = social involvement



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FB group

MedEUk – Eurocolloquium



facebook.com/groups/416165692485993

Пошук у Facebook

Керування групою

MedEUk - Eurocolloquium

Загальнодоступна група

Головна

Інструменти адміністратора

- Запити на приєднання
- Автоматичне схвалення учасників
- Запитання для нових учасників
- Дописи в очікуванні
- Теми допису

Erasmus+ Jean Monnet Programme

Comisión Europea

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Редагувати

MedEUk - Eurocolloquium

Загальнодоступна група · 119 учасників

+ Запросити

Про групу Обговорення Кімнати Учасники Події Медіа



<https://www.facebook.com/groups/416165692485993>



#RaceProject

БІГАЙ РАЗОМ ІЗ
RACE PROJECT



#SUMYNIGHTairportrun #raceproject

SUMY NIGHT
airport run
10.10.2020

10

СУБОТА, 10 ЖОВТНЯ 2020 Р. О 16:00 – 23:00

Airport Night Run 2020

Аеропорт Суми / Sumy Airport



www.facebook.com/events/662508181158672/?post_id=859687854774036&view=permalink



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Why do employers look for them?

- With your Transferable Skills, employers see you as a very valuable source of skilled labour.
- Once you have acquired a skill, they know you have the capacity to transfer it into their organisation and to develop it further i.e. *Skill Progression*.
- In your CV and at Interview, employers look for concrete evidence that you have the skills they are looking for i.e. *Skill Match*



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Transferable Skill Cycle



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Highlighting your Transferable Skills

- Transferable skills must be highlighted on your CV and be the focus of discussion at interview.
- Be aware of your own Transferable Skills.
- Research the company and job description.
- What key job skills are they looking for?
- Where did I develop these skills in the past?
- At interview, show you have these skills by giving concrete examples.
- Employer sees a Skill Match between what they want and what you have to offer.



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Importance of analysing your Skills



- You may not be aware of it, but, as you progress through college and through life generally, you are acquiring a number of these job skills.
- During Placement you will have the chance to transfer and apply these skills in a new situation in the workplace.

Ability to meet deadlines
Willingness to learn
Analytical Ability
Problem-solving

Writing Skills (Reports)
Team-work Skills
Research Skills
Motivation to achieve



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Work Placement:

- Transfer of existing skills into industry.
- Work with qualified people in your field.
- Work on challenging projects, allowing you to develop existing skills and acquire new skills.
- Reflect on and record these skills in your Log Book. This will allow you to draw on them later as part of your graduate job search strategy.

S Situation

T Task

A Action

R Results



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Educational Accomplishments

Building Your Skills List

Education:

- Shows that you have the discipline to follow through on goals.
- Shows that you are capable of learning.

Great for finding hidden skills and traits.



WorkSource

WorkSource is an equal-opportunity partnership of organizations that provide employment and training services. Auxiliary aids and services are available upon request to people with disabilities.



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<https://doi.org/10.1016/j.sbsbs.2019.05.001>



Volunteer Efforts

Building Your Skills List

Volunteering:

- Fills gaps in unemployment history.
- Puts you in position to take advantage of networking opportunities.
- Builds new skills.
- Finding the right volunteer opportunities is vital.



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Hobbies and Other Interests

Building Your Skills List

Hobbies:

- Don't list these activities on your resume – use the skills.
- Good for brainstorming skills for your list.
- Brainstorm other career opportunities.

WorkSource

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TRANSFERABLE SKILLS: THE KEY TO CAREER PROGRESSION



Learning



IT



Self
management



Critical thinking



Communicating



Information
handling



Teamworking



Career management



Numeracy



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**Wish you
very successful
carriers!**



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